

Write a Letter of Appreciation

March 1-7 is National Write A Letter (of) Appreciation Week!

Yeah, I added “of” because we’re talking about relationships over here.

I believe that in healthy and happy relationships, we should be showing appreciation every single day but YAY for a time to be intentional with our efforts!

How To Use These Cards

It’s just a simple to show your appreciation for someone as it is to use these handy, dandy note cards.

Simply print out the PDF sheet and cut the cards out.

Think about what you appreciate your partner for and write it down.

Give them the note! Lay it on their pillow, put it in their lunch, tape it to the bathroom mirror, or attach it to the steering wheel so that they see it when they get in the car.

Need some encouragement on what to say? Try these:

- I appreciate you for folding the laundry/bathing the kids/fixing dinner
- I appreciate you because: you listen to me/provide for our family/let me steer the remote.

Feel free to share with us on social media (IG and FB: @beyoked) and tag us. Use the #WriteALetterAppreciationWeek

Jermaine and Katherine

YOKED

To:



Just a little note to say

I appreciate you for:

YOKED

To:



Just a little note to say

I appreciate you because: